



楊艷超博士

跨境電商學系 | 副教授

個人簡介

楊艷超：博士、副教授、博士生導師。擔任 Journal of Language Service Studies 期刊副主編以及 BMC Psychology 與 Scientific Reports 編委。先後在 European Journal of Education、Language Teaching Research、Current Psychology、Learning and Instruction、Asia Pacific Journal of Education、Early Years、SAGE Open、Psychology in the Schools、Psychology Research and Behavior Management、BMC Psychology、Scientific Reports、PLOS One、Frontiers in Psychology、等 SSCI 期刊發表論文 20 餘篇。長期從事量表建構與測量方法研究，熟練掌握經典測量理論、Rasch 模型及網路分析等多種前沿方法，在科研量表開發與論文發表方面具有豐富經驗。

職業資格

副教授

職稱與職務

副教授

任教課程

《基礎英語》、《管理學基礎》、《旅遊英語》

工作經歷

- 中西創新學院數智人文學部數智語言服務學系副教授
- 華北理工大學輕工學院副教授（2018-2024）

教育背景

- 澳門大學哲學博士教育學專業（202008-202307）
- 香港大學教育學碩士教育行政與管理專業（201408-201512）
- 華北理工大學外國語學院文學學士英語專業（200408-200806）

研究興趣

語言服務、學生心理、教育測量

社會服務

- Journal of Language Service Studies 期刊副主編以及 BMC Psychology 與 Scientific

Reports 編委

- Associate Editor of the Journal of Language Service Studies and as a member of the editorial boards of BMC Psychology and Scientific Reports.

研究成果

論文發表

1. Guo, S., **Yang, Y.***, Cui, T., Tan, Z., Yang, X., & Li, W. (2026). Development and Validation of the Short-Form Drama Addiction Motivation Scale: A Network Analysis Approach. *Acta Psychologica*, 265, 106745. <https://doi.org/10.1016/j.actpsy.2026.106745>
2. Lu, S., **Yang, Y.***, Li, W., Jing, B., & Guo, Y. (2026). Academic Tangping scale for college students in China: scale development, validation and application. *Scientific Reports*, 16(1), Article 7897. <https://doi.org/10.1038/s41598-026-38759-2>
3. Li, W., **Yang, Y.***, Lu, S., Cui, T., & Jing, B. (2026). Associations between academic involution and depression in Chinese undergraduates: A serial mediation analysis of rest intolerance and burnout. *Acta Psychologica*, 264, 106427. <https://doi.org/10.1016/j.actpsy.2026.106427>
4. Zhong, W., **Yang, Y.***, Jing, B., Yang, X., Tan, Z., & Wei, Q. (2025). Scale for students' attitude towards AIGC feedback in english pronunciation learning: Development, validation and application. *PloS One*, 20(10), e0335210. <https://doi.org/10.1371/journal.pone.0335210>
5. Wang, C., **Sun, Y.***, **Yang, Y.***, Li, W., Lu, S., & Zhong, J. (2025). Development and validation of future employment anxiety scale in China. *BMC Psychology*, 13(1), Article 1066. <https://doi.org/10.1186/s40359-025-03412-6>
6. Lu, S., **Yang, Y.**, Li, W., Wang, X., Gao, F., Wang, C., ... Dong, X. (2025). Psychometric properties of the Dance Self-efficacy Scale for Chinese college students. *Research in Dance Education*, 1–16. <https://doi.org/10.1080/14647893.2025.2570917>

7. **Yanchao, YANG**, Zhe, SHI, Yilin, WANG, & Yang, LU (2025). Exploring Applications of ChatGPT to Improve Spoken Chinese Self-efficacy of International Students: Theoretical Rationales, Limitations, and Recommendations. *TOJET: The Turkish Online Journal of Educational Technology*, 24(3).
8. Liu Z, Sun D, Zhang L, Wang X, **Yang Y*** (2025) The impact of classroom interaction on willingness to communicate: The mediating roles of speaking self-efficacy and foreign language enjoyment. *PLoS One* 20(7):e0328226. <https://doi.org/10.1371/journal.pone.0328226>
9. Li, H., Wang, C., **Yang, Y.**, & Gu, Y. (2025). Teacher Support, Reading Enjoyment, and Self-Efficacy: Predictors of Student Reading Engagement and Volume. *Reading & Writing Quarterly*, 1–15. <https://doi.org/10.1080/10573569.2025.2509505>
10. 仲偉合, **楊艷超**. 從“管理”到“治理”: 國家翻譯能力要素構建中的理念轉型[J]. 上海翻譯, 2025, (02): 4-9+95.
11. 杜磊, **楊艷超***. 數位化時代背景下《大學英語》線上課程滿意度量表的構建[J]. 當代外語研究, 2025, (03): 152-159.
12. YANG, Y., TAN, Z., & YANG, X. (2025). Fleeing Tiktok to Rednote: Leveraging Generative Technologies to Support Cross-Language Communication for Tiktok Refugees on Chinese Social Networking Platforms. *TOJET: The Turkish Online Journal of Educational Technology*, 24(2).
13. Yang, Y., Li, W., Xue, S., Huang, W., & Guo, S*. (2025). Psychometric Evaluation of Perceived Internship PUA Scale: Using Rasch Analysis. *European Journal of Education*, 60(1). <https://doi.org/10.1111/ejed.12832>
14. Liu, F., Yang, Y.*, Wang, F. (Robin), & Li, W. (2025). The English Debating Self-Efficacy Scale: Scale development, validation, and psychometric properties. *PloS One*, 20(2), e0314879-. <https://doi.org/10.1371/journal.pone.0314879>
15. Guo, Y., Wang, C., Xu, J., Gao, R., & Yang, Y. (2025). Preschool teachers' sense of teaching efficacy: Scale development and validation. *Asia Pacific Journal of Education*.

<https://doi.org/10.1080/02188791.2025.2452604>

16. Zhang, Y., **Yang, Y.**, Xia, J., Wang, X., & Cai, Y. (2024). Development and validation of Academic Publishing Involution Scale for College Teachers in China. *Current Psychology*, 1-11.
17. Guo, Y., Wang, C., **Yang, Y.**, Gao, R., Li, S., & Lu, Y. (2024). The relationship between preschool teachers' sense of teaching efficacy and turnover intention during the COVID-19 pandemic: a mediation model. *Early Years*, 1-18.
18. Wang, F., **Yang, Y***, & Cui, T. (2024). Development and validation of an Academic Involution Scale for College Students in China. *Psychology in the Schools*, 61(3), 847-860.
19. **Yang, Y.**, Peng, Y., Li, W., Lu, S., Wang, C., Chen, S., & Zhong, J (2023). Psychometric evaluation of the Academic Involution Scale for College Students in China: an application of Rasch analysis. *Frontiers in Psychology*, 14, 665.
20. Cui, T., Wang, C., **Yang, Y.**, & Shao, Y. (2023). A serial mediation model testing associations between teacher–student relationship, resilience, autonomous learning and academic performance in the Chinese EFL context. *Language Teaching Research : LTR*. <https://doi.org/10.1177/13621688231166771>
21. Xue S, **Yang Y***, Du J and Liu F (2023) Multi-layered e-feedback anxiety: An action research study among Chinese learners using peer feedback activities in an academic writing course. *Frontiers in Psychology*. 14:1062517. doi: 10.3389/fpsyg.2023.1062517
22. **Yang, Y.**, Xue, S., Cui, T., & Teo, T. (2023). Effects of Goal Orientation on Environment Management in Technology-Based Physics Learning. *Frontiers in Psychology*, 13, 8405.
23. Xue, S*, Wang, C., & **Yang, Y***. (2022). Exploring affecting factors of and developing a framework for teachers' online instruction. *Learning and Instruction*, 82, 101665.
24. Xue, S., Du, J., & **Yang, Y.** (2021). Institutional influences on teachers' classroom technology integration: a multi-case study of teachers' uses of mobile social media at universities in China. *Asia Pacific Journal of Education*, 1-22.
25. Cui, T. & **Yang, Y***. (2022). Social relationships and grit in English as a foreign language

- learning among high school students: A three-wave longitudinal study. *Frontiers in Psychology*, 13:1038878. <https://doi.org/10.3389/fpsyg.2022.1038878>
26. Lyu, B., Liao, X., & Yang, Y. (2022). Relationships Between Temporal Leadership, Transactive Memory Systems and Team Innovation Performance. *Psychology research and behavior management*, 15, 2543–2559. <https://doi.org/10.2147/PRBM.S380989>
 27. Zhang, D., Su, T., Lyu, B., Yang, Y., & Zhuo, X. (2022). The effects of adolescent physical activity participation on cell phone dependence: The mediating role of self-control. *Work (Reading, Mass.)*, 72(4), 1289–1298. <https://doi.org/10.3233/WOR-210702>
 28. Wang, H., Wang, Y., Lyu, B., Yang, Y., & Huang, H. (2023). Military Experience and Individual Entrepreneurship—Imprinting Theory Perspective: Empirical Evidence From China. *SAGE Open*, 13(1). <https://doi.org/10.1177/21582440231159866>
 29. Lyu B, Li W, Xu M, Chen H, & Yang Y. (2021). All Normal Occupations are Sunny and Joyful: Qualitative Analysis of Thai Ladyboys' Occupational Wellbeing All Normal Occupations are Sunny and Joyful: Qualitative Analysis of Thai Ladyboys' Occupational Wellbeing. *Psychology Research and Behavior Management*, 14, 2197–2208.

Conference Presentation

1. **Yanchao Yang**, Bosheng Jing, and Peng Zhao. Sorry seems to be the hardest word: Intonation matters. International Conference On Technology-Enhanced Language Learning And Teaching & Corpus-Based Language Learning & Teaching. 2021, The Education University of Hong Kong
2. **Yanchao Yang**, Chuang Wang*, Jianxia Du, Sijia Xue, and Tianxue Cui. English Pronunciation Self-efficacy Scale: Development and Validation (accepted). 2023 AERA

Annual Meeting

3. Yang Yanchao. Development and Validation of the English Pronunciation Self-Efficacy Scale, May 2022, Symposium on Higher Education Phonetics Teaching at East China Normal University.
4. Yu, C & Yang, Y.. Developing a scale of translanguaging for information-based academic writing. in Proceedings of the 52nd Annual Conference of Canadian Association for Information Science.

Online Courses

1. Host of the project "English Pronunciation" for the blended first-class undergraduate course in Hebei Province, combining online and offline teaching.
2. Host of the high-quality online open course "English Listening" for undergraduate (full-time) programs in Hebei Province.
3. Host of the "College English CET-4 Passing Foundation - Phonetics Digital Course" by Higher Education Audio-Visual Publishing House.

Teaching Certificate

1. First Prize in the 2014 National Excellent English Teaching Course Contest for Higher Education Institutions (University English Group).
2. First Prize in the 2014 Hebei Province Higher Education Foreign Language Micro-Course Contest (Independent Author).
3. First Prize in the 2014 Hebei Province Higher Education Foreign Language Micro-Course Contest (Collaborative, Ranked Second).
4. Third Prize in the 2015 China Foreign Language Micro-Course Contest.
5. First Prize in the 2015 Hebei Province Higher Education Foreign Language Micro-Course Contest.
6. Third Prize in the 2015 National Multimedia Courseware Contest.

7. Second Prize in the 2016 Second China Foreign Language Micro-Course Contest.
8. Third Prize in the 2017 Hebei Province Higher Education Teaching Achievement Award.
9. First Prize in the 2018 Hebei Province Higher Education Foreign Language Micro-Course Contest.
10. Second Prize in the 2018 Second China Foreign Language Micro-Course Contest.
11. First Prize in the 2019 Hebei Province Higher Education Foreign Language Micro-Course Contest.
12. Third Prize in the 2019 Hebei Province Higher Education Teaching Achievement Award.
13. First Prize in the 2019 Tenth "Foreign Language Society Cup" National University Foreign Language Teaching Contest Hebei Division.
14. First Prize in the 2021 Hong Kong Education University Corpus-Based Teaching Design Contest.

Honors

1. 2014: Named Outstanding Communist Party Member of Hebei United University (now renamed North China University of Science and Technology).
2. 2016: Recognized as Advanced Production Worker at North China University of Science and Technology.
3. 2017: Acknowledged as Outstanding Communist Party Member at North China University of Science and Technology.
4. 2017: Recognized as an Advanced Individual in Ideological and Political Education at North China University of Science and Technology.
5. 2018: Named Outstanding Class Advisor in Hebei Province (Advanced Moral Educator in Hebei Province).
6. 2019: Honored as Model Teacher in Ethics in Hebei Province.
7. 2021: Awarded Excellent Teaching Assistant at the University of Macau.
8. 2022: Appointed as Leader of the Outstanding Teaching Team (Digital Teaching Team for

English Listening and Speaking) at Ordinary Undergraduate Colleges in Hebei Province.

Research Grants

1. 2010: Research on the Estrangement Techniques in Henry James's Works Based on Corpus (SZ2011808), Hebei Provincial Department of Education (Completed, Fifth).
2. 2011: Research and Practice on the Unique Three-Dimensional University English Teaching Model in Independent Colleges (HB11Y0009), Office of Philosophy and Social Science Planning of Hebei Province (Completed, Fifth).
3. 2014: Research on the Talent Cultivation Mode and Curriculum System Construction of Business English Major Oriented to Employment (2014YYJG291), Hebei Provincial Department of Education (Completed, Third).
4. 2016: Exploration and Practice of Engineering-oriented English Talents Cultivation Mode Based on EIP-CDIO Educational Concept (2016GJJG307), Hebei Provincial Department of Education (Completed, Fourth).
5. 2016: Research and Practice on the Modular Teaching Model of College English Driven by "Project and Market" in Independent Colleges (2016GJJG305), Hebei Provincial Department of Education (Completed, Third).
6. 2016: Construction of Win-Win Mode for School-Enterprise Based on University Creative Industry Source Power Base (SQ141070), Hebei Provincial Department of Education (Completed, Third).
7. **2017: Construction of College English Oral Course under the Background of Digitalization in Independent Colleges (2017YYJG69), Hebei Provincial Department of Education (Led, Completed, Excellent).**
8. 2018: Research on Talent Cultivation Mode of Preschool Education (Bilingual) in Independent Colleges under the CDIO Educational Concept (JRSHZ-2018-03017), Hebei Provincial Department of Human Resources and Social Security (Completed, Fourth).
9. 2018: Research on Talent Cultivation Mode and Curriculum System Construction of English

- Major in Independent Colleges under the CDIO Educational Concept (2018YYGJ082), Hebei Provincial Department of Education (Completed, Third).
10. 2018: Feasibility Study on Integrating Excellent Traditional Chinese Culture into Curriculum and Teaching of Preschool Education Major in Universities (2018GJJC615), Hebei Provincial Department of Education (Completed, Fourth).
 11. 2019: Research on "Double Teachers and Double Abilities" Foreign Language Teacher Team in Independent Colleges Based on First-class Major Construction (2019GJG612), Hebei Provincial Department of Education (Completed, Fourth).
 12. 2020: Research on Micro-Lesson and Blended Teaching Mode of English Major in Independent Colleges under the Post-Epidemic Situation—Taking "Advanced English" as an Example (2020YYJG073), Hebei Provincial Department of Education (Completed, Fifth).
 - 13. 2020: Construction and Exploration of Online Course "News English Listening" under the Background of "Course and Ideological Politics" (2020YYSZ078), Hebei Provincial Department of Education (Led, Completed).**
 14. 2022: Construction and Exploration of Online Course "English Grammar" under the Background of "Course and Ideological Politics" (2022YYJG079), Hebei Provincial Department of Education (Ongoing, Third).
 15. 2022: Research and Practice on Blended Teaching of Applied Undergraduate English Speaking Courses Online and Offline under the Perspective of "Course and Ideological Politics" (2022YYJG080), Hebei Provincial Department of Education (Ongoing, Second).
 16. 2022: Research on the Professional Identity Reconstruction of University Foreign Language Teachers under the Background of "Course and Ideological Politics Construction" (No. 22YJA740021), Ministry of Education Humanities and Social Sciences Research Planning Fund Project (Ongoing, Third).
 17. 2023: Research on the Relationship between Beliefs and Practices of Ideological and Political Education in College Foreign Language Teachers' Curriculum (No. 23XYY005), National Social Science Fund (Ongoing, Principal Investigator).

18. 2023: Reform and Practice of College English Curriculum Ideological and Political Education in Independent Colleges under the Background of "Three Entries" (No. 2023YYJG099), Hebei Provincial Department of Education (Ongoing, Third).

線上課程

1. 河北省線上線下混合式一流本科課程立項建設課程《英語語音》主持人
2. 河北省高校本科（全日制）精品線上開放課程《英語聽力》主持人
3. 高等教育電子音像出版社《大學英語四級通關基礎——語音數字課程》主持人

獲獎證書

1. 2014 年全國高等院校英語教學精品課大賽大學英語組一等獎
2. 2014 年河北省高等學校外語微課大賽一等獎（獨立作者）
3. 2014 年河北省高等學校外語微課大賽一等獎（合作，排序第二）
4. 2015 年中國外語微課大賽全國三等獎
5. 2015 年河北省高等學校外語微課大賽一等獎
6. 2015 年全國多媒體課件大賽三等獎
7. 2016 年第二屆中國外語微課大賽二等獎
8. 2017 年河北省高等教育教學成果獎三等獎
9. 2018 年河北省高等學校外語微課大賽一等獎
10. 2018 年第二屆中國外語微課大賽二等獎
11. 2019 年河北省高等學校外語微課大賽一等獎

12. 2019 年河北省高等教育教學成果獎三等獎
13. 2019 年第十屆“外教社杯”全國高校外語教學大賽河北賽區一等獎
14. 2021 年香港教育大學基於語料庫教學設計大賽一等獎

榮譽稱號

1. 2014 年河北聯合大學（現更名為華北理工大學）優秀共產黨員
2. 2016 年華北理工大學先進生產工作者
3. 2017 年華北理工大學優秀共產黨員
4. 2017 年華北理工大學思想政治教育先進個人
5. 2018 年河北省優秀班主任（河北省先進德育工作者）
6. 2019 年河北省師德標兵
7. 2021 澳門大學優秀教學助理
8. 2022 年度河北省普通本科院校優秀教學團隊（英語聽說數位化教學團隊）負責人

教改課題

1. 2010 年：基於語料庫的亨利詹姆斯作品的陌生化手法研究（SZ2011808），河北省教育廳（結項，第五）
2. 2011 年：獨立學院校本特色三維立體大學英語教學模式的研究與實踐（HB11Y0009），

河北省哲學社會科學規劃辦公室（結項，第五）

3. 2014 年：以就業為導向的商務英語專業人才培養模式及課程體系建設研究（2014YYJG291），河北省教育廳（結項，第三）
4. 2016 年：基於 EIP-CDIO 教育理念的工科院校英語應用型人才培養模式探索與實踐（2016GJJG307），河北省教育廳（結項，第四）
5. 2016 年：獨立學院“專案與市場雙驅動”的大學英語模組化教學模式的研究與實踐（2016GJJG305），河北省教育廳（結項，第三）
6. 2016 年：以高校創意產業源動力基地為載體構建校企雙贏模式研究（SQ141070），河北省教育廳（結項，第三）
7. 2017 年：數位化背景下獨立學院大學英語口語課程建設（2017YYJG69），河北省教育廳（主持，結項，優秀）
8. 2018 年：CDIO 教育理念下獨立學院學前教育（雙語）專業人才培養模式研究（JRSHZ-2018-03017），河北省人力資源和社會保障廳，（結項，第四）
9. 2018 年：CDIO 教育理念下獨立學院英語專業人才培養模式及課程體系建設研究（2018YYGJ082），河北省教育廳（結項，第三）
10. 2018 年：將中華優秀傳統文化融入高校學前教育專業課程與教學的可行性研究（2018GJJG615），河北省教育廳（結項，第四）
11. 2019 年：基於一流專業建設的獨立學院“雙師雙能型”外語教師隊伍研究（2019GJJG612），河北省教育廳（結項，第四）
12. 2020 年：後疫情下獨立學院英語專業微課和對分課堂的混合教學模式研究——以《高級英語》為例（2020YYJG073），河北省教育廳（結項，第五）

- 13.2020 年：“課程思政”背景下《大學英語之新聞英語聽力》線上課程建設及探索
(2020YYSZ078)，河北省教育廳（主持，結項）
- 14.2022 年：“課程思政”背景下《大學英語之英語語法》線上課程建設及探索
(2022YYJG079)，河北省教育廳（在研，第三）
- 15.2022 年：“課程思政”視角下應用型本科院校英語口語線上線下混合式教學研究與實踐
(2022YYJG080)，河北省教育廳（在研，第二）
- 16.2022 年：“課程思政建設背景下高校外語教師專業身份重構研究”(編號：22YJA740021)，
教育部人文社會科學研究規劃基金專案（在研，第三）
- 17.2023 年：高校外語教師課程思政的信念與實踐關係研究（編號：23XYY005），國家社會科學基金（在研，主研）
- 18.2023 年：“三進”背景下獨立學院大學英語課程思政教學改革與實踐（編號：2023YYJG099），河北省教育廳，（在研，第三）